

Extensive CV

Dr. Katerina Panagiotidi, an otorhinolaryngologist surgeon from Limassol, was born in Aachen, Germany, and grew up in Limassol, where she graduated with distinction. In 2008, she excelled in the Pan-Cyprian Entrance Exams and was admitted with a full scholarship from the Cyprus State Scholarships Foundation to the Medical School of the University of Crete, from which she graduated in 2015 with honors. During her university years, she served as a lab assistant to the professor of Anatomy and Musculoskeletal studies and the Dean of the University of Crete Medical School. Additionally, from 2011 to 2014, she worked as a certified instructor for the European Resuscitation Council's BLS/AED program in Heraklion, Crete.

Upon graduating from medical school, she worked as a physician in the Emergency Department of the Mediterranean Hospital of Cyprus and later as a Rural Service Doctor at the Amphikleia Health Center. Concurrently, she served as a football match doctor in the B' Local Men's Championship of Phthiotis Prefecture.

She specialized in General Surgery at the 2nd General Surgery Clinic of "KAT" General Hospital in Athens, covering on-call duties in the Neurosurgery Clinic of the same hospital for two years. Subsequently, she completed her specialization in Otorhinolaryngology Surgery over the next four years at the Athens Naval Hospital, where she served as Chief Resident from 2021 until the end of her training. During this time, she gained extensive surgical experience across the full spectrum of otorhinolaryngological surgery, focusing particularly on nasal surgery. As part of her specialization, she also trained at the Neurosurgery Clinic of "Gennimatas" General Hospital and the Plastic Surgery Clinic of the Athens Naval Hospital.

After passing the exams of the Panhellenic Medical Association and obtaining the title of Otorhinolaryngology - Head and Neck Surgery Specialist, she worked as a Specialist in the ENT Clinic at the Athens Naval Hospital and as an External Associate at ORL Athens Clinics from 2021 onwards.

Dr. Panagiotidi pursued additional training in Functional Endoscopic Sinus Surgery (FESS) at "Evangelismos" General Hospital, Athens, specializing in advanced endoscopic sinus and skull base surgeries. She has also been trained and certified by the Hellenic Academy of Aesthetic Medicine and Facial Rejuvenation in injectable treatments using Botox, Hyaluronic Acid, Dermal Fillers, and Skin Rejuvenation.

Currently, she is a Ph.D. candidate at the Medical School of the University of Athens (National and Kapodistrian University of Athens), focusing on comparative studies of closed rhinoplasty approaches using osteotomes and piezotomes. This research provides her with significant expertise in rhinology surgery.

Since 2023, Dr. Panagiotidi has been part of the Mediterranean Hospital of Cyprus team, providing services in the ENT outpatient clinic and performing a wide range of otorhinolaryngological surgical procedures. She actively participates in Greek and international conferences, delivering presentations and publishing scientific papers, as well as attending practical workshops and advanced training seminars to stay updated in her field.

Education:

- **Medical Degree:** University of Crete Medical School, Faculty of Health Sciences (MD 2015 - Honors)
- **Specialization in Otorhinolaryngology (2023, 7 years):**
 - Rural Service at Amphikleia Health Center, Phthiotis (1.5 years)
 - General Surgery at the 2nd Surgery Clinic, "KAT" General Hospital, Athens (1.5 years)
 - ENT Clinic of Head and Neck Surgery, Athens Naval Hospital (4 years)
 - Neurosurgery at "Gennimatas" General Hospital, Athens (6 months)
 - Plastic Surgery at the Athens Naval Hospital (6 months)
- **Doctoral Dissertation:** Comparative study on the functional outcomes of closed rhinoplasty using osteotomes and piezotomes, conducted at the ENT Clinic of the Athens Naval Hospital, University ENT Clinic of "Attikon" General Hospital, and the Medical School of the National and Kapodistrian University of Athens (in progress).
- **Postgraduate Training:**
 - Functional Endoscopic Sinus Surgery (FESS) - October 2022, "Evangelismos" General Hospital, Athens.
 - Certified by the Hellenic Academy of Aesthetic Medicine in injectable treatments with Botox, Hyaluronic Acid, Dermal Fillers, and Skin Rejuvenation.

Services:

- **Outpatient Services:**
 - Clinical examination and treatment of all ENT conditions, including audiological testing, earwax removal, nasal functionality assessment (rhinomanometry), endoscopic examinations of the nose, head, and neck, repositioning maneuvers for otoliths in cases of Benign Paroxysmal Positional Vertigo, allergy skin tests, and minor outpatient procedures such as cyst removal, suturing facial wounds, nasal mucosa cauterization, and intratympanic corticosteroid injections.
- **Emergency Services:**
 - Management of nasal bleeding, closed reduction of nasal fractures, removal of foreign bodies from the pharynx/larynx/ear/nose, treatment of acute airway obstruction, and management of head and neck trauma.
- **Surgical Procedures:**
 - Septoplasty
 - Turbinoplasty
 - Rhinoplasty
 - Endoscopic nasal and sinus surgery
 - Otoplasty
 - Tympanoplasty
 - Ventilation tube placement

- Tonsillectomy
- Adenoidectomy
- Pharyngoplasty
- Vocal cord surgery
- Major and minor salivary gland surgeries
- Head and neck surgeries
- Thyroid and parathyroid surgeries